



Fresno County Health Youth Corps

The Health Youth Corps began in 2019 as a partnership between UCSF Fresno, the Fresno County Department of Public Health, and the Office of the Fresno County Superintendent of Schools. The program engages historically marginalized youth, empowering them to be champions of health within their own communities and to serve as ambassadors for health amongst their peers. This allows them to become better informed about the social determinants that impact their own health and wellness and provides these youth with positive life experiences and opportunities to assist them in reaching their full potential. Through collaborations with school systems and public health departments, physicians can increase their ability to effectively impact child health on a larger scale within their own community through efforts such as this. During this two-semester program, teams of high school students representing multiple high schools throughout our county join forces to define health, explore mental health issues and coping strategies, build resilience, develop health advocacy skills; and they create, implement, and present their own community health action research projects at an annual showcase to local county leaders on topics of concern to youth. At completion of this two-semester program, they can serve as mentors to the next group of students.



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UCSF Fresno Summer Biomedical Internship

The Summer Biomedical Internship Program was established in 1988 to provide a quality biomedical research experience for high school students—the first of its kind in the San Joaquin Valley. The program matches high school students in the summer between their junior and senior year of high school with faculty members who have or are developing a research project. In the last thirty-six years, over three hundred students have participated in the SBI program and many of them are finishing their medical residencies, are working in the biomedicine or biotechnical industries, or are in medical school or doctorate programs at various universities. Students must meet eligibility requirements to apply.



Visit: <https://fresno.ucsf.edu/summer-biomedical-internship-program>

UCSF Fresno Academic Research Associates

The Academic Research Associates (ARA) Program offers premedical undergraduate students a unique opportunity to observe clinical medicine and participate in biomedical research. The program takes place within the UCSF Fresno Departments of Emergency Medicine and Surgery at Community Regional Medical Center. Participants may join the program through Fresno State as an elective course. Students must meet eligibility requirements to apply.

Visit: <https://www.fresno.ucsf.edu/emresearch/ara/>

Youth Mental Health First Aid Training

Youth Mental Health First Aid equips you with the knowledge and skills to identify, understand, and respond to mental health and substance use challenges in adolescents aged 12-18. You will gain the confidence and abilities needed to provide initial support to young people who are struggling and to help connect them with the appropriate resources. To request a Mental Health First Aid overview or certification training for your department/unit:

Visit: <https://sjvpremed.ucsf.edu/YMHFA>

The Practicing Justice in Healthcare Collaborative

The Practicing Justice in Healthcare Collaborative, led by GWC STEA2M, partners with UCSF Fresno, Fresno Unified School District's African American Academic Acceleration Office, the Perinatal Equity Initiative, and Black Infant Health of Fresno County. Our mission is to promote racial justice in healthcare academic and career pathways for Black and African American students in grades 7–16.

Contact: Dr. Karen Crozier, karen@jewelofjustice.com

UCSF Aspiring Physician Program (AAP) Fresno State

The UCSF Latinx Center of Excellence's Aspiring Physicians Program (APP) at Fresno State is a six-week intensive summer program where selected college students participate in medical school preparatory workshops, collaborate with local community based organizations to create research-driven fact sheets, engage in intensive health policy workshops, introductory MCAT preparation, and partake in mentorship aimed at building their exposure, access and confidence in attaining a career in medicine. All students selected will receive a \$3,000 stipend during the six-week summer program. The academic year provides mentorship activities, professional development seminars, and medical school readiness workshops. Students must meet eligibility requirements to apply.

Visit: <https://latinx.ucsf.edu/lcoe-app-fresno-state>

UCSF Fresno Pre-Medical Surgical Internship

The UCSF Fresno Pre-Medical Surgical Internship is a seven-month intensive and comprehensive program designed to prepare current pre-medical students from groups traditionally underrepresented in medicine and from economically disadvantaged backgrounds to successfully matriculate into medical school. This program stemmed from the obvious need for increasing the diversity of the physician workforce in the San Joaquin Valley to meet the needs for our patient population. The program offers interested pre-medical students the unique opportunity to work with the Central Valley's highly underserved patient population and to experience medicine through UCSF Fresno's Surgery Department. The program is designed to equip the students with skills, such as networking, professionalism, communication skills, time management, personal statement writing, interviewing, that will serve them well into medical school and thereafter. The students also receive access to MCAT test prep via Kaplan for a year. The program serves as an opportunity for the students to build a mentorship network that will support them through their application process and beyond. The aim of the program is to enhance the students' candidacy for medical school. Students must meet eligibility requirements to apply.



Visit: <https://fresno.ucsf.edu/intentional-recruitment-coalition/internship>

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Office of Health Career Pathways



The UCSF Fresno Office of Health Career Pathways was established in 2022 to better coordinate and increase the success of existing pathway programs at UCSF Fresno. The UCSF School of Medicine Fresno Regional Campus has provided physician training since 1975. For over 35 years, we have provided pathway programs and services that lead to student academic success and exploration of research and health careers.

<https://sjvpremed.ucsf.edu/> | OHCP-Fresno@ucsf.edu

UCSF Fresno Doctors Academy Programs

The Doctors Academy operate as a partnership with contracting school districts and student eligibility requirements may vary based on the district. Students from culturally, linguistically, and economically diverse communities, as well as those who would become first in their family to attend college, are highly encouraged to apply. Fresno Unified and Caruthers Unified School Districts currently offers a Doctors Academy (high school program) and a Junior Doctors Academy (middle school program). Students must meet eligibility requirements to apply.

Visit: <https://doctorsacademy.ucsf.edu/>

Raices (Roots) in the SJV (San Joaquin Valley)

Raices in the SJV is a grant-funded initiative by the Fresno-Madera K-16 Collaborative Project, designed to enhance educational and technical support in health pathways. Drawing on 25 years of experience, strong partnerships, and best practices, it aims to boost the healthcare workforce's supply, diversity, and distribution. By addressing Social Determinants of Health—such as poverty, housing insecurity, limited access to higher education, and psychosocial challenges—it supports young people in the Central San Joaquin Valley in pursuing careers in healthcare.

Visit: <https://raices.ucsf.edu/>

San Joaquin Valley - MedBridge (SJV-MedBridge)

The San Joaquin Valley MedBridge Program (SJV-MedBridge) serves as a regional hub for the California Medicine Scholars Program, dedicated to supporting aspiring medical professionals in the San Joaquin Valley. Focused on enhancing access to medical workshops and streamlining the transfer process from community colleges to four-year institutions, SJV-MedBridge is committed to helping community college students with an interest in medicine. The program provides valuable networking opportunities with premedical experts and fosters a collaborative, community-oriented environment for those passionate about pursuing careers in medicine.



Visit: <https://sjvmedbridge.ucsf.edu/sjv-medbridge>

Contact: Fresno-SJVMedBridge@ucsf.edu

UCSF Fresno (SJV) Mentoring to Medicine Program

The UCSF Fresno San Joaquin Valley (SJV) Mentoring to Medicine Program is a new offering led by the Office of Health Career Pathways (OHCP) team to enhance the development of aspiring health professionals with roots in the San Joaquin Valley through mentorship and community engagement during the summer. Currently, this program is only open to individuals who have completed the full 4-year Doctors Academy program (Caruthers, Selma, or Sunnyside High School graduates) or have actively participated in the SJV-MedBridge Program (California Medicine Scholars Program).

Visit: <https://sjvmedbridge.ucsf.edu/>



UCSF Fresno Mini-Med School

Mini-Med School is a hybrid public lecture series that provides an opportunity to learn about local trends in medicine and health sciences from faculty at UCSF Fresno. Mini-Med School is open to middle, high school and college students, as well as community members.



Visit: <https://fresno.ucsf.edu/events/13th-annual-mini-med-school>

UCSF Fresno Reaching Out to Aspiring Doctors (ROAD) Conference

The Reaching Out to Aspiring Doctors (ROAD) Conference is an annual event designed to equip students with vital information, resources, skills, and networking opportunities essential for achieving their educational goals, with the aim of encouraging them to return to the Valley to provide culturally responsive care. Over the past year, we have expanded our offerings to also support pre-health educators within the Valley who are dedicated to uplifting premedical students. Our two-day conference welcomes pre-health educators and partners and pre-medical students from community colleges and universities in the San Joaquin Valley. Additionally, post-baccalaureate students from the Valley who are preparing to apply for medical school are also invited to attend.



Visit: <https://sjvpremed.ucsf.edu/road>

SJV PRIME+ | BS to MD Pathway

The San Joaquin Valley (SJV) PRIME+ BS/MD opportunity is an educational pathway partnership between UC Merced, UCSF Fresno, and UCSF. This critical new pathway will educate and support the SJV's future physicians in advancing health equity and the health of communities in the SJV. SJV PRIME+ is a 15-student-cohort workforce development model for newly incoming, first-time-freshman to become a doctor for the San Joaquin Valley of California. An SJV PRIME+ scholar completing this medical education pathway receives their medical degree (MD) from UCSF School of Medicine, after obtaining a Bachelor of Science from UC Merced and finishing medical training at UCSF Fresno. This is an 8 year program and students must apply during the Fall of their senior year of high school.



Visit: <https://admissions.ucmerced.edu/SJVP-BStoMD>